

Walking in the footsteps of the Magdalene

South of France Sacred Tour
June 30th - July 7th 2017



Come join us on an incredible, life transforming journey to discover the power, wisdom and love of the Divine Feminine within you.

For millennia, the spiritual essence of Mary Magdalene and the Divine Goddess has interwoven and become part of the Languedoc region in The South of France, anchoring HER vibration in Nature, in the water, earth and ley lines. Therefore, the Languedoc region has become a source of spiritual power and healing, where we can experience the activation of the Divine feminine energy within us, resulting in profound healing and inner transformation on our journey to self-realisation and Oneness.

These were the healing and spiritual energies which inspired the Cathars and which are at the heart of the mysteries surrounding the Templar Knights. During the shared week together, we will walk the land absorbing these energies, we will do special ceremonies and meditations, anoint ourselves with essential oils and flower essences, activating ancient codes of wisdom within us. We will pilgrimage to sacred sites in Nature for personal and collective healing. We will visit famous churches and caves dedicated to Mary Magdalene and the Goddess tradition. The enigmatic & famous Rennes Le Chateau, Montsegur, Rennes Les Baines, Carcassonne, Limoux, and Couiza are included.

We will be immersed in the land from which I have created the 'One Heart' flower essences, which are overshadowed by Mary Magdalene. We will meet and experience these special flowers first hand. We will have the opportunity to learn how to make flower essences by making a group flower essence, which we will take home with us.

By drinking local pure vortexian source water and by eating local organic produce we will nourish, heal and reprogram our bodies in support of our process of aligning with the higher frequencies and vibrations which we will be accessing and downloading.

The highlight of the workshop process is the Mary Magdalene initiation, which will forevermore connect and anchor you into this sacred Priestess/Goddess lineage. This initiation has its' beginnings in ancient Egyptian times, and is overshadowed by ascended and interplanetary masters.

We will experience all this and much, much more, whilst we will be having FUN! The group size is small so you will receive personal and individual attention. As the group energy builds and as we gently shed old burdens and conscious and unconscious memories of suppression and limitation, each day we will free up and become lighter and happier, experiencing more joy, self-love and acceptance. This is a journey of a lifetime!

...follow your heart...follow your intuition...follow your inner guidance...receive the LOVE all around you...

Practical Details:

Walking In The Footsteps Of The Magdalene

Workshop starts at 7pm, dinner time, on Friday the 30th of June and ends after breakfast Friday the 7th of July at 10am.

Closest airports are Carcassonne and Toulouse.

Course Fees:

1. Payment for Sacred Tour and Workshop to One Heart **\$2165**

Due to limited space a deposit of \$750 is required to ensure your place.

Early bird special - \$1865 Save \$300

Deposit **\$750** paid by February 15th, 2017

Balance **\$1115** paid by March 30th, 2017

Deposit is non refundable, but can be transferred to next years' workshop

Final date for non-discounted workshop payment April 30th 2017

This payment includes the full workshop and transportation throughout the workshop to the various sites. It does not include transportation to and from the venue before and after the workshop start and finish.

Payment can be made via credit card or direct bank deposit.

Please email me at oneheart@tpg.com.au for bookings and payment arrangement.

2. Payment for Room and Board **300euro.**

This is to be paid in cash upon arrival, 30th of June.

This includes vegetarian organic meals: all breakfasts, 6 dinners, 1 lunch. It is shared accommodation, 2 – 3 participants per room. There is one single room available upon request, for an additional cost. Our accommodation is basic, comfortable and clean, in a restored old and very beautiful farm house in a rural setting.

3. Allow an extra **150euro** approximately for: eating out, for purchasing shared picnic lunches and for a few entrance fees that are not covered by your course fees.
ATM machines are available in the local towns.

4. Fun shopping and souvenirs...

We will have the opportunity to visit outdoor markets, small museums and the Cite of Carcassonne, so bring Euros and credit and debit cards for these extras





Shreshta Carol Asher

Your workshop facilitator

Shreshta Carol Asher has been teaching and facilitating self-discovery, energy healing and inner transformation workshops since 1996. She has been leading her highly successful Mary Magdalene workshops in The South Of France and Journeys to the Holy Land since 2000. She founded her company One Heart Body Essentials in 1996, out of a deep love and passion to assist humanity on the path to healing and enlightenment, via essential oils, flower essences and energy transmissions. She discovered the path of the Magdalene in 1999 whilst attending an Aromatherapy Medical training in the Languedoc. During this journey, whilst walking the fields, the flowers and the land started to communicate with her, sharing their healing qualities and asking to be of service to humankind. This is when her flower essence system – the One Heart Flower Essences were born. <http://oneheartbe.com/flower-essences/> As a skilled reader of the Akashic Records and an empath, she brings a wealth of wisdom, experience and a compassionate heart to your workshop process/journey.

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What previous workshop attendees have to say:

For any enquiries please email - oneheart@tpg.com.au

"The workshop was incredibly rewarding. Shreshta Carol brought such a sense of integrity to every ceremony, activity and lesson throughout this workshop and it has been such an inspiration for me.

The most profound shift that happened was working through a major block/fear that I had in claiming my power on my spiritual journey... the group helped me find peace in my heart and realise that I can walk the spiritual path. The gift that I am taking home is a deep feeling of gratitude and love and a profound love of self". **C.J. USA**

"The workshop journey was and continues to have a profound impact on so many levels. The MM initiation experience, which I can only explain as a state of enlightenment, takes me to a state of peace every time I reconnect. I continue to experience a permanent irreversible shift" **J.L. Australia**

"It was a well-structured workshop. It unravelled little by little, in the experience of the Magdalene energy, step by step, cave by cave, castle by castle, battle by battle, glass of wine by glass of wine, until the humble triumph of Mary Magdalene in the initiation on the Throne of Isis ... An extraordinary journey through place and time, in an immaculate land of ancient beauty, guided by an awesome woman!" **R.T. Italy**

"It was a beautiful enriching experience... the highlight was the MM initiation. I'm going home with a bigger and higher awareness and a new shift by connecting with the Feminine Divine energy as well.

"I would like to convey my deepest and most sincere gratitude to Shreshta Carol for the love, the passion, and the generosity with which she does anything that she does." **M.V. Italy**

