



ONE HEART
BODY ESSENTIALS®

Essential Oil Synergistic Blends

ONE HEART
www.oneheartbe.com
Tel: (+61) 0401 649 868
Email: oneheart@tpg.com.au

Angel Wings - Be touched by an angel! An exquisite blend that vibrates with the sweetness and love of the angels. For calling forth the presence and blessings of your guardian angels and guides. Very uplifting. Lovely to use in a child's room. Diffuse in the same spot and create an 'Angel Hot Spot'. Contains essential oils of organic Angelica, Neroli, Bergamot, Rosewood, Sweet Orange, Tangerine, Sweet Birch, Ylang Ylang Complete. \$55.00

Anti Anxiety - Roll On in a base of organic Jojoba. This is a wonderfully popular and helpful formula that helps to reduce and alleviate anxiety, panic attacks and stress. For children and adults. Apply to chest bone, nape of neck, wrists. Contains essential oils of organic Melissa, Neroli, Rose Absolute, French Lavender, Moroccan Mint. \$55.00

Anti Inflammatory/ Anti Microbial Oil - A very potent formula designed to reduce inflammation and infection in the body. It can safely be applied directly to the body or diluted in a cream or carrier oil. Great to add to your bath or diffuser. Contains essential oils of organic Blue Cypress, Australian Rosalina, Himalayan Cedarwood & Lemon. \$33.00

Anti Fungal Oil - Formulated to reduce fungus, mould and candida in the body. Supports the gut and digestive system. Safe to use with children. Wonderful to use in conjunction with the Anti Inflammatory oil, alternating them. Contains Organic Lemongrass, Tea Tree, Palmarosa and Patchouli. \$33.00

Calming - This beautiful blend is great for stress, anxiety and emotional upset. Very soothing, calming and balancing. Promotes peacefulness & can promote sleep. Contains essential oils of French Lavender, True Vanilla CO2 with a touch of Benzoin resin. \$33.00

Clear Mind - Promotes clarity of mind and inner vision. Excellent for all intellectual endeavours. Gives you a mental pick-me-up for work, study, teaching, lecturing and driving. Energizes the mind after mental fatigue. Removes the "cobwebs" clouding the mind after long work hours or upon rising after sleep. Contains essential oils of organic Lemon, Ginger, Rosemary, Petitgrain, Coriander and Eucalyptus Globulus. \$33.00

Cellu-lite is excellent for ridding the tissues of toxicity and fluid retention. Helps break down and remove excess adipose fat. Helps purify the lymphatic system. Cellu-lite improves the circulation, while nourishing the skin as well. Contains essential oils of French Cypress, Organic Juniper Berry, Rosemary, Cinnamon, Grapefruit, Lemon \$33.00

Energize - To energize, stimulate and promote focus. Revives spirits and alleviates fatigue. Inhale, bathe or apply to skin to jump-start the day or to revive oneself after a hard days' work, or before workouts. Good for foot massage & foot bath. Contains essential oils of organic Juniper Berry, Peppermint, Rosemary. \$33.00

Euphoria - Happiness and joy in a bottle! Very uplifting. Opens one's heart to joy and happiness. Excellent for parties and social events. This blend helps us function from a higher consciousness as it heightens our energy frequency. Contains essential oils of precious Jasmine Absolute, organic Ylang Ylang Complete, Bergamot, Sweet Orange, Tangerine, Grapefruit, Lemon. \$55.00

Female Ease - Excellent relief for P.M.S. and menopause. Eases physical cramps and emotional discomfort. Also helps to build confidence and self-esteem, and alleviate gloom and depression. Promotes sense of well-being and euphoria. High in phyto-hormones. Rub topically on abdomen and lower back. Contains essential oils of Clary Sage, Rose Geranium, Sweet Fennel, French Lavender and organic Ylang Ylang Complete. \$33.00

Forest Breeze - Take a walk in a forest and breath in the fresh balancing woody scent. Promotes feelings of belief in oneself - brings out inner strength and courage. Very grounding. Excellent aid for protecting one's aura. Diffuse and/or apply oil before exams, presentations, or when facing challenges. Contains essential oils of White Spruce, Himalayan Cedarwood, Fir Balsam, organic Ylang Ylang Complete. \$33.00

Goddess Oil - Roll On in a base of organic jojoba. Specially formulated to powerfully activate the energies of the Divine feminine within your being. Heals issues of the Sacral centre. Use as a perfume or as an anointing tool for transformation. Beautiful to use in ceremonies to honour the Goddess within and without. Contains essential oil of Champaca flower, Cardamom, Jasmine Absolute, organic Roman Chamomile, Rose Geranium, Bergamot, Goldenrod, Lantana, Allspice, Juniperberry. \$55.00

Heart Communication - This blend assists us in opening up and expressing our heart's true voice - our authentic self. It promotes intimate communication and honest expression. Wonderful for lovers, intimate friends, married couples, therapeutic situations, family gatherings and group discussions. Contains essential oils of Frankincense, Tasmanian Lavender, organic Rose Absolute, Rose Geranium & Sweet Orange. \$55.00

Immune Boost - A very popular blend that strengthens the immune system to help prevent illness or to bring one back into health. Especially good for colds and flus. Opens the sinuses and bronchial passageways and helps to decongest. You can add a drop of Oregano or Thyme when diffusing, to eliminate viruses and bacteria in your environment. Contains essential oils of organic Lemon Tea Tree, French Lavender, Ravensara & Eucalyptus Radiata. \$33.00

Jet Lag - Excellent support for all kinds of travel and for recovery after. Relieves emotional and physical stress of flying, driving, and all long trips and environmental changes. Sniff whilst travelling and diffuse or take bath with the essential oils upon arrival. Contains essential oils of French Lavender, Rose Geranium, organic French Myrtle, Lemongrass & Sweet Orange. \$33.00

Love - A beautiful blend that is excellent for healing & expanding the heart chakra, promoting feelings of oneness, acceptance & unconditional love. This blend also helps promote self-esteem & self-acceptance. It also enhances romance and any loving relationship. Contains essential oils of organic Bulgarian Rose, Rose Geranium, Sweet Orange & Ylang Ylang Complete. \$55.00

Mary Magdalene Anointing Oil - Roll on in a base of organic jojoba. A special and precious blend, inspired by Mary Magdalene who appeared to me during my sojourns in the South Of France. MM is here to assist us to heal all wounds and remove all veils that stand in the way of our awakening and enlightenment. Contains essential oils of organic Spikenard, Bulgarian Rose Absolute, Vanilla CO2, Myrrh, Jasmine Absolute, Angelica, Neroli, Juniperberry, Sweet Birch, Petitgrain. \$55.00

Meditation - This precious blend of Indian Sandalwood, Frankincense and organic Rose Absolute is ideal for meditation, contemplation, prayer, ceasing mental chatter and stilling the mind. Helps unify our higher consciousness with our senses, and rekindles the inner light of our soul. Pure organic Rose opens and expands our heart chakra, the essence of our being. Contains essential oils of Frankincense, Indian Sandalwood, organic Bulgarian Rose Absolute...\$74.50 (5 ml)

Muscle Soothe - Excellent for painful, tense muscles, especially if massaged into the afflicted area. Great for sports massage, tired achy feet, and all kinds of aches and pains. Also calming, stabilizing and balancing for the emotional body. Contains essential oils of: Sweet Birch, Peppermint Mitcham, Egyptian Marjoram. \$33.00

New Beginnings - Formulated in preparation for the birth of a new baby. This exquisite blend is wonderful for the mother during labour and the newborn baby after birth. Light and gentle, it promotes love, bonding, balance and harmony during and after this most special event of giving birth. A perfect gift for the expectant mother or the mother who has just given birth. Contains essential oils of organic Rose Absolute, Bergamot, Rose Geranium, Ylang Ylang Complete. \$55.00

Passion - Roll On in a base of organic jojoba. I am sharing my personal perfume of 30 years. " This unisex blend aligns all chakras to bring forth the physical expression of our true love". Contains essential oils of organic Patchouli, Clove Bud, Rose Absolute, Jasmine Absolute, French Lavender, Lemon, Ylang Ylang Complete. \$55.00

Prosperity - A wonderful blend that promotes health of our complete body mind - our physical, emotional, mental and spiritual being. It opens us to receive the full abundant blessings of the universe. It assists us in manifesting creatively in all areas of our life. A fabulous blend that helps us glow and radiate our true being. Contains essential oils of Frankincense, Myrrh, Himalayan Cedarwood, organic Cinnamon, Clove, Sweet Orange & Patchouli. \$55.00

Sacred Union - Promotes passion, sensuality and true union of opposites and polarities within and without. A natural aphrodisiac. It also calms and centers us, putting us in a meditative state, thus making it a wonderful blend to assist any meditation or sacred spiritual practise. Contains essential oils of organic Ylang Ylang Complete, Patchouli, Clove, Indian Sandalwood, French Lavender, Lemon. \$55.00 (5ml)

Seduction - This stirring blend entices, draws and stimulates the senses to want more. That's the nature of seduction! A very popular blend! Contains essential oils of organic Lemongrass, Cinnamon, Rosemary. \$33.00

Serenity - A beautiful blend that invokes inner peace, inner balance, harmony and calm. Gentle heart nourishment and opening. Contains essential oils of organic Rosewood, Bergamot, Patchouli, Frankincense and Rose Geranium. \$55.00

Slim & Tone - is formulated specifically to strengthen, tone and nourish the skin and underlying connective tissues, as well as an aid for weight loss. Use Slim & Tone when dieting, to prevent sagging skin and to improve skin tone. Can be used in conjunction with Cellu - Lite essential oil blend, alternating morning and evening. Contains essential oils of French Cypress, organic Lemongrass, Benzoin resin and Rose Geranium \$33.00

Spirit of Australia - Enter the Dreamtime where transformational ceremony evokes the power of your soul, where Spirit & Mother Earth are one, where moonlight and fire connect you with ancient wisdom & mystery, where our sacred path emerges as our guiding light. Contains all Australian essential oils such as organic Australian Sandalwood, Buddha wood, Blue Cypress, Lemon Myrtle, Manuka, Australian Mandarin, Jasmine Absolute, Laurel Leaf. \$55.00 (5ml)

Vitality - Energizing, stimulating and refreshing. Balances the emotions and the mind and fortifies the body. Supports us to operate in the world with full vitality and joy. Contains essential oils of Spearmint, organic Cinnamon, Lemongrass, Rose Geranium & Ylang Ylang Complete. \$33.00