

# *Walking in the footsteps of the Magdalene*

Sacred Tour, Pilgrimage & Workshop  
Languedoc, South of France  
June 23rd- July 3rd 2025



**Come join us on an incredible, life transforming journey to discover the power, wisdom and love of the Divine Feminine within you.**

**F**or millennia, the spiritual essence of Mary Magdalene and the Divine Goddess has interwoven and become part of the Languedoc region in The South of France, anchoring HER vibration in Nature, in the water, earth and ley lines. Therefore, the Languedoc region has become a source of spiritual power and healing, where we can experience the activation of the Divine feminine energy within us, resulting in profound healing and inner transformation on our journey to self realisation, oneness and inner peace.

These were the healing and spiritual energies which inspired the Cathars and which are at the heart of the mysteries surrounding the Templar Knights. During the shared 11 days together, we will walk the land absorbing these energies, we will do special ceremonies and meditations, anoint ourselves with essential oils and flower essences, activating ancient codes of wisdom within us. We will pilgrimage to sacred sites in Nature for personal and collective healing. We will visit churches and caves dedicated to Mary Magdalene and the Goddess tradition. The enigmatic & famous Rennes Le Chateau, Montsegur, Rennes Les Baines, Mt Bugarach, Limoux, and Couiza are included.

We will be immersed in the land from which I have created my 'One Heart' flower essences, which are overshadowed by Mary Magdalene. We will meet and experience these special wild flowers firsthand. We will have the opportunity to learn how to make flower essences by making a group

flower essence, which we will take home with us, to further anchor our healing & transformation in the following weeks and months to come.

By drinking local pure vortexian source water and by eating local organic produce we will nourish, heal and reprogram our bodies in support of our process of aligning with the higher frequencies and vibrations which we will be accessing and downloading every day of our stay.

The highlight of the workshop process is the Mary Magdalene initiation/activation, which will forevermore connect and anchor you into this sacred Priestess/Goddess lineage. This activation has its' beginnings in ancient Egyptian times, and is overshadowed by ascended and interplanetary masters.

We will experience all this and much, much more, whilst we will be having FUN! The group size is small so you will receive personal and individual attention. As the group energy builds and as we gently shed old burdens and conscious and unconscious memories of suppression and limitation, each day we will free up and become lighter and happier, experiencing more joy, self-love and acceptance.

Come join us for a journey of a lifetime!

**...follow your heart...follow your intuition...follow your inner guidance...receive the LOVE all around you...**

# Practical Details:

## Walking In The Footsteps Of The Magdalene

The workshop duration is 11 days and 10 nights. The workshop officially starts at 7pm, dinnertime, on the 23rd of June and ends after breakfast Thursday the 3rd of July at 10am.

Group pick up is from the town Couiza, which you can reach by bus, train or taxi from Carcassonne. Closest airports to Couiza are Carcassonne and Toulouse, which you can also reach by train from within Europe.

### Course Fees:

- Payment for Sacred Tour and Workshop: \$3,495 plus Euro645 cash in France, upon arrival at the venue. Register & secure your spot with a \$1200 non-refundable deposit. The workshop is limited to 8 participants.
- **Early bird special - Save \$330. Pay \$3,165 if paid by November 30<sup>th</sup>.** (This does not include the cash payment of Euro585 due in France).

Full \$ portion payment to be completed by Feb 28th 2025.

There will be no refunds after this date, so please make sure that you have comprehensive travel insurance. This will cover any cancellations, delayed flights, medical emergencies and property loss.

- Payment can be made via direct bank deposit or if by Credit Card, via PayPal for an additional 3.3% fee.
- Please email me at [oneheart@tpg.com.au](mailto:oneheart@tpg.com.au) for bookings and payment arrangements

### The workshop payment includes:

- The full workshop and sacred tour, and all transportation throughout the workshop to the various sites. It does not include any transportation or flights to and from Couiza before and after the workshop start and finish.
- Room and part board.

This includes vegetarian organic meals: all breakfasts, 7 three course dinners, 1 lunch. It is shared accommodation, 2 – 3 participants per room and shared bathrooms. There are two single rooms available upon request, for an extra cost. Our accommodation is basic, comfortable and clean, in a restored very old and very beautiful farm house in a rural setting. This venue has been chosen due to its' powerful healing energies, being in the center of "The Womb Of Nut" dedicated to the Goddess, that we will enjoy throughout our stay.

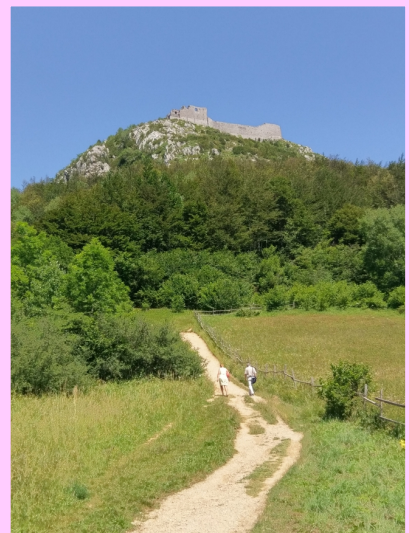
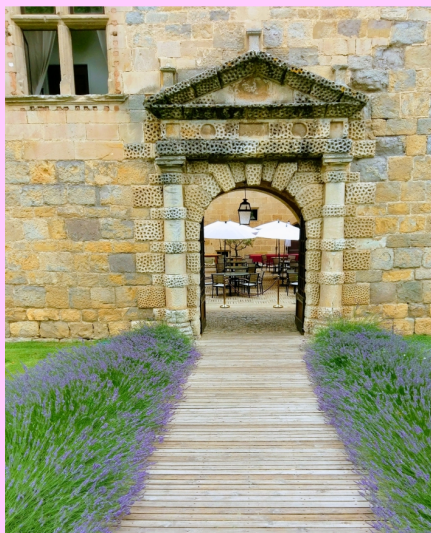
- All entrance fees to the sacred sites.
- A local tour guide for a few sites.

Allow an extra **350 – 550 euros** approximately for: eating out: 1 dinner, lunches, snacks, and for a few entrance fees that are not covered by your course fees during our free time.

Fun shopping and souvenirs...

We will have the opportunity to visit outdoor markets, small museums and various local shops, so allow for these extras.

ATM machines are available in the local towns.





## What previous workshop attendees have to say:

“The workshop was incredibly rewarding. Carol brought such a sense of integrity to every ceremony, activity and lesson throughout this workshop and it has been such an inspiration for me.

The most profound shift that happened was working through a major block/fear that I had in claiming my power on my spiritual journey... the group helped me find peace in my heart and realise that I can walk the spiritual path. The gift that I am taking home is a deep feeling of gratitude and love and a profound love of self.” **C.J. USA**

“The workshop journey was and continues to have a profound impact on so many levels. The MM initiation experience, which I can only explain as a state of enlightenment, takes me to a state of peace every time I reconnect. I continue to experience a permanent irreversible shift.” **J.L. Australia**

“It was a well-structured workshop. It unravelled little by little, in the experience of the Magdalene energy, step by step, cave by cave, castle by castle, battle by battle, glass of wine by glass of wine, until the humble triumph of Mary Magdalene in the initiation on the Throne of Isis ...An extraordinary journey through place and time, in an immaculate land of ancient beauty, guided by an awesome woman!” **R.T. Italy**

“It was a beautiful enriching experience...the highlight was the MM initiation. I'm going home with a bigger and higher awareness and a new shift by connecting with the Feminine Divine Energy as well.

“I would like to convey my deepest and most sincere gratitude to Carol for the love, the passion, and the generosity with which she does anything that she does.” **M.V. Italy**

“Thank you Carol, you held the group with flexibility, humility, without words or pressure, with love and supporting presence. The highlight and healing shift for me was letting go of shame concerning my body and who I am, and releasing karmic ancestral guilt coming from the women in my family. I feel stronger and connected to my authentic self and centre.” **O. F. Israel**

“The gift I am going home with is being able to de-stress completely into the Divine Feminine with Carol's healing and guidance.” **M.J. Australia**

“I couldn't believe all the amazing places with beautiful energies, one after the other, and they kept on going.” **R.M. Australia**





## Carol Anne Asher

### Your workshop facilitator

**C**arol Anne Asher has been teaching and facilitating self-discovery, energy healing and inner transformation workshops since 1996. She has been leading her highly successful Mary Magdalene workshops in The South Of France and Journeys to the Holy Land since 2000. She founded her company One Heart Body Essentials in 1996, out of a deep love and passion to assist humanity on the path to healing and divine connection, via essential oils, flower essences and energy transmissions. She discovered the path of the Magdalene in 1999 whilst attending an Aromatherapy Medical training in the Languedoc. During this journey, whilst walking the fields, the flowers and the land started to communicate with her, sharing their healing qualities and asking to be of service to humankind. This is when her flower essence system—the One

Heart Flower Essences were born, and overshadowed by Mary Magdalene and the divine feminine Christ consciousness .

<http://oneheartbe.com/flower-essences/>

She is offering this workshop with an accelerated purpose of helping to bring in and anchor the new planetary energies to the planet.

As a skilled reader of the Akashic Records and an empath, she brings a wealth of wisdom, experience and a compassionate heart to your workshop process/journey.



**ONE HEART**  
BODY ESSENTIALS®

**For all enquiries please email - [oneheart@tpg.com.au](mailto:oneheart@tpg.com.au)**